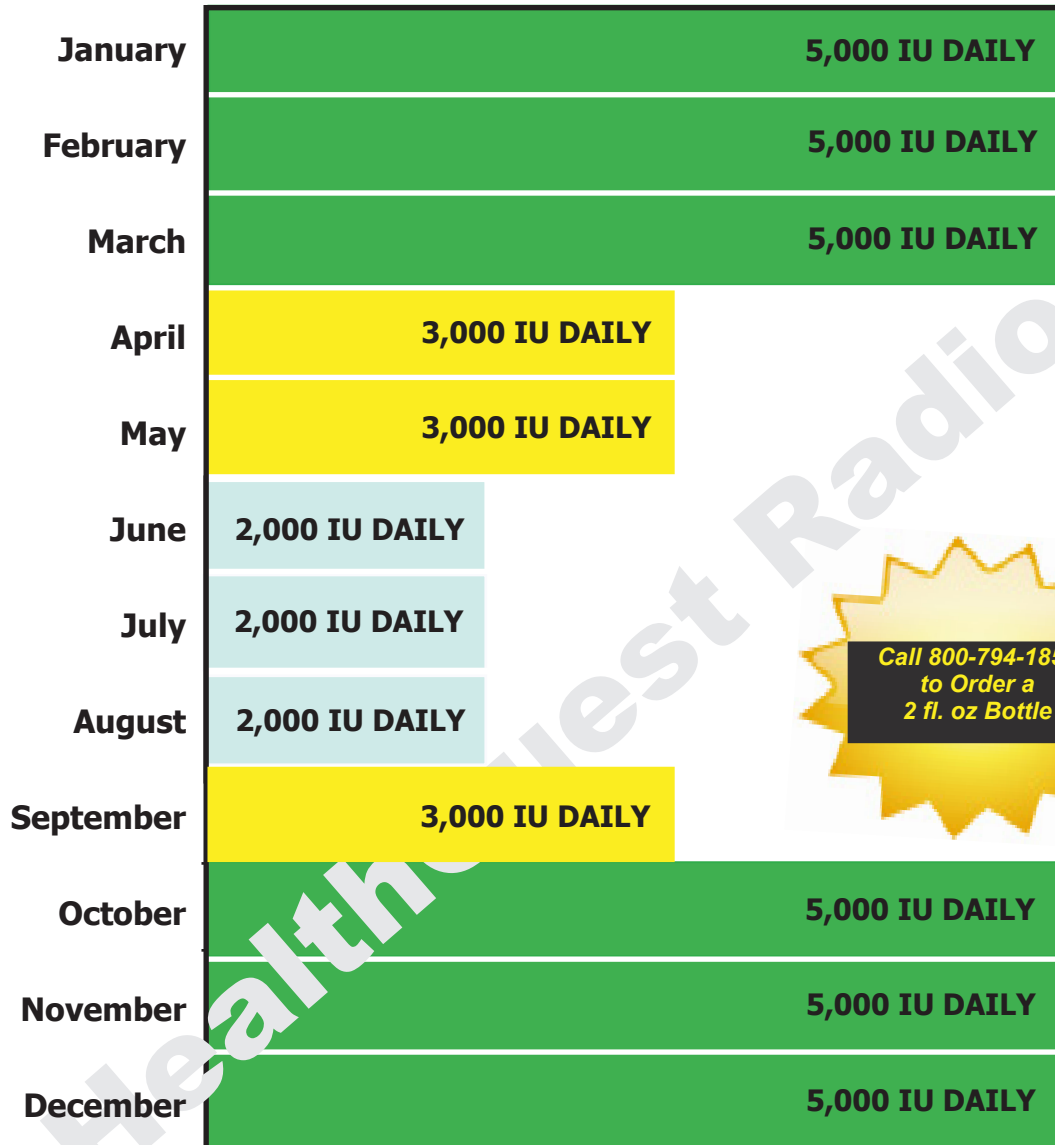


## “D-BEST D3 with K” LIQUID

### Dr. K’s Recommended Vitamin D3 Dosage Chart



**1 drop = 1,000 IU**

**Dr. K’s Recommended D3 LIQUID DAILY DOSAGES for each month:**

- June thru August = 2 drops
- April, May and September = 3 drops
- October thru March = 5 drops