

## Our Purity Standard

We realize you have many options when deciding where to buy your supplements. But did you know, in our offices, Dr. David C. Kolbaba has spent considerable time, effort and research selecting the best supplements that will achieve the highest results for your health. The supplements that we purchase for our patients are produced by manufacturers who spend millions of dollars researching and buying quality raw materials. Ingredients in these supplements are chosen from the purest sources possible to bring you the highest grade of potency, safety and effectiveness.

We would like to pass this information on to you, our **HealthQuest Radio** listeners, and watch you achieve the highest level of health possible. We offer a wide variety of supplements tailored to your specific needs. In our offices, we continue to research new products and test them ourselves to ensure better compliance, fair pricing and quality.

Did you know a landmark research study shows the odds of purchasing an effective, non-toxic herbal product today is only 2.5%? (J.A.N.A. Study 2000). Another recent study found that only 5 out of 32 store-bought supplements tested (example: chondroitin sulfate) had the amount of ingredients, stated on the bottle label.

Since the majority of nutritional products on the market are either ineffective or possibly toxic, how can you know whether a product is worth taking. **Dr. Kolbaba is not only a Certified Clinical Nutritionist but also holds a Diplomate of Clinical Nutrition, one of only 9 doctors in the state of Illinois to hold this distinction.** This accreditation allows him to make informed choices when considering various nutrient supplementation needs for each of our patients.

*To help you make an informed decision when purchasing supplements, you should know the following information.*

✓ **Our Supplements are Researched** - including clinical trials and case studies which take years to complete and require substantial amounts of money. Our private label medical foods carry patents as a result of years of testing and proven effectiveness.

✓ **They contain the highest quality ingredients** - pharmaceutical grade raw materials for safety and potency.

✓ **Our Shake & Take** supplements were studied by independent researchers and their results were published in medical journals. The study showed 11 pounds of fat loss compared to 9 pounds of fat loss with other popular formulas.

✓ **Our Little Fish Oil** is free of heavy metals and pesticides. It meets the US Pharmacopia Standard, the highest standard in the industry.

✓ **Our Good to the Bone** formulas set the industry standard for comprehensive bone nourishment and contains the lowest lead levels. (1-2 mcg. compared to 25-50 mcg. in most other products.)

✓ **Our R & R** (probiotic) contains the strain of *L. acidophilus* which is the most extensively researched strain of *acidophilus* available.

✓ **Guaranteed Potency** - based on scientific research and disintegration tests to assure absorption.

✓ A single dose of **Little Fish Oil** equals up to four times the potency found in other fish oil supplements.

✓ **Synergy** - Many of our supplements have ingredients which work together to increase effectiveness and absorption.

In addition, most of the supplements we buy are from manufacturers who have been in business for over 20 years. Many of these companies go beyond industry standards of production and testing using independent labs to ensure quality and potency.

**Questions you might ask:** Why pay a higher price for a supplement from our office compared to those in a drug store, health food store or grocery? How do you know what company to use to obtain the very best nutritional products? You can be sure that supplements you purchase with us are backed by doctor's direction and expertise targeted to your particular health needs. Wherever possible, we will provide you with nutritional information upon request. Many of our manufacturers sell only to doctors because of the high standards and comprehensive education needed to use these supplements properly. Careful use of these targeted nutritional supplements will yield best results when applied to your specific needs.