Your New Patient Consultation

Your First Step Toward Your “Personal Self-Care” utilizing “Dr. David Kolbaba Care” concepts.

First, we will:

1. Build Rapport – Our “First” Goal
   - Together we will build a two-way relationship. (A professional and personal partnership).
   - We will listen…and come to a clear understanding of each other.
   - Our rapport will be based on moral high ground, ethics and loving care.

2. Take a Thorough “Health History” Review
   - To gain a fuller understanding and appreciation for where you've been, in your recent efforts to get well.

3. Document Your “Current” Perspective…
   - What are your personal wants, needs and future goals?

4. Create a "Make-Sense" Strategy
   - What we can do for you… (what works) …what makes sense to both of us.
   - Perspectives that we work from…for you to depend on and come to rely on.

Then:

5. Discuss Your “Next Steps:”
   - How we will "specifically" proceed…
   - Outline your next steps, for your health restoration.
     Factoring in:
     Time, energy, money
     Good, better, best