



HealthQuest

with Dr. David Kolbaba



HEALTHQUEST RADIO *Chicago*



Saturdays at 11:00 am *AM560 WIND*

Additional Services

These services are also available in our offices.

X-Rays - Available for your convenience.

Computerized Nutritional Analysis - Complete nutritional analysis based on patient blood work.

Nutritional Supplements - Our supplements contain high quality, all natural ingredients.

Customized Foot Orthotics - Customized shoe inserts and customized orthotic shoes.

Computerized Gait Analysis - Measures the function of the foot as we stand and walk.

pH Testing - Measures acidity and alkaline balance in the body.

BioImpedance Analysis/BIA - Measures muscle, fat and water percentages in addition to your overall body health.

Applied Kinesiology - Comprehensive evaluation of nervous, vascular & lymphatic systems, as well as nutrition and cerebrospinal fluid functions.

Acupuncture/Auricular Meridian Therapy

Ultrasound Therapy - Therapeutic modality to help with inflammation.

Cold Laser Therapy

Functional Rehabilitation

Sports Medicine and Functional Training

Supplies - Top quality braces, orthopedic pillows, exercise tubing and exercise balls.

Progressive Testing

You can improve your health and keep it that way through progressive testing. We can uncover an existing problem or weakness in your body, even before you experience any sign or symptoms. A more natural approach is taken, specifically targeting the compromised organ or system and work towards restoring your health. Over time, we retest your body to verify your strategy is working.

Testing at our Clinic includes:

Adrenal Stress Index (ASI)

Anti-Aging Profile

Bone Density

Comprehensive Allergy Assessment

Comprehensive Body Scan

Complete Comprehensive Blood Testing
Complete blood chemistry, differential blood count, comprehensive thyroid test, fasting urinalysis includes Homocysteine and High Sensitivity-C-Reactive Protein (HR-CRP) panel.

Includes a computer-based interpreted report.

Anti-Malignant AntiBody in Serum (AMAS)

Comprehensive Digestive Stool Analysis

Female Hormone Panel (FHP)

Male Hormone Panel (MHP)

Standardized Hair Analysis

Thyroid Testing

*Our HealthQuest Clinic
is conveniently located*

Dr. David C. Kolbaba & Associates

606 W. Main Street

West Dundee, Illinois 60118

847/428-8850

HealthQuest is . . . Information Radio!

HealthQuest Radio explores varied health related topics aimed at the education and motivation of our listeners. The intended result is increased health consciousness. We all have primary control and responsibility for our own well being. We want to impress upon our listeners the true meaning of the word "PREVENTION" as it relates to their total health and lifestyle.

Make your life an "Adventure in Health" not in sickness and disease!

Your HealthQuest Radio Host

HealthQuest Radio airs every **Saturday at 11:00 am on AM 560 WIND**. For more than 28 years, **HealthQuest Radio** is Chicagoland's longest running health news and science show.

Dr. David C. Kolbaba shares his opinions about the current state of healthcare today and guides his listeners toward simple lifestyle strategies that can change your life. Other topics include nutrition, dietary concerns, exercise, fatigue, detoxification, stress, back pain, hormones, children's care and a whole lot more! Special features of the show include *Dr. K's Commentary: A Piece of My Mind, Blast From the Past, Dr. K's Gas Station Observation, Dr. K's Rapid Fire*, and our *E-mail Blast*, just to name a few.

A variety of special guests including medical and healthcare professionals as well as best selling authors highlight the show.

Explore our **HealthQuest Radio** website at www.HealthQuestRadio.com where you will find our *Latest Show, Hot Topics, Health Resources, Our HealthQuest Country Store* and much, much, more! Visit our blog at www.AdventuresInHealth.com where you can download our **HealthQuest Radio** shows or subscribe to podcasts. Listen LIVE at <http://560wind.townhall.com> every Saturday at 11:00 am on AM560 WIND.

Join **Dr. David C. Kolbaba** as he shares his expertise relating to your health along with advice, counsel and inspiration with a dash of humor. His enthusiasm reaches into the heart of each and every person who listens to the show!

Tune in Saturday and become one of our dedicated **HealthQuest Radio** listeners!



Dr. David C. Kolbaba
DC, DACBN, CCN, CAP

HealthQuest Radio's show host and originator, **Dr. David C. Kolbaba** brings many years of training and expertise to the **WIND** airwaves. He is a **Natural Healthcare Practitioner, Chiropractic Physician**, licensed in **Advanced Clinical Nutrition/Health Coaching** and a **Certified Addiction Professional** as well as a **Diplomate of the American Chiropractic Board of Clinical Nutrition**. **Dr. K's** first and foremost passion is to help bring out personal health strengths while improving longevity factors, insuring the highest quality of life through better health and lifestyle changes.

**Chicago Radio . . .
right here in the Fox Valley!**

Health Coaching

Dr. David C. Kolbaba is a seasoned **Health Coach** with over 28 years of experience in the practice of **Integrative Preventative healthcare**. While looking beyond the treatment of signs and symptoms, **Dr. Kolbaba** and his qualified staff search for the root cause of your health concerns and develops a personalized strategy program to regain your optimal health status.

Our **Detoxification Program** is one of the many health coaching strategies offering an important and powerful tool in facilitating your health and healing. Nutritionally balanced medical foods accompanied by expert knowledge and years of experience guide and support you through weekly **Health Coaching** sessions. A customized nutritional protocol is created for you based on your personal needs, medical symptoms and lab work results.

This **Detoxification Program** is designed to help your body eliminate toxins while addressing vitamin and mineral deficiencies. This will allow your body's own repair systems to recover and function effectively. Reduction of pain and inflammation, increased energy and mental clarity will be noticed as well as improved nutrient absorption within your body.

Visit our blog at AdventuresInHealth.com to listen or download our past shows or subscribe to podcasts.

Our **HealthQuest Radio** shows are also available on CD for your listening convenience.

*Here is a sampling of past shows:
Inflammation of the Brain & Heart Series
Health Mind, Healthy Body Series
pH Series
Energy & Fatigue Series
Detoxification/Diet Series
Disease Toxicity
Fish Oils
Breakfast Anyone Series
Your Kids Care and many more!*

Call our **HealthQuest Radio** Hotline at 1-800-794-1855 and ask for a complete list of show titles.