



## PROFESSIONAL PROFILE

**Dorene Diehl**

**Certified Massage Therapist**

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### *PROFESSIONAL OVERVIEW*

**Dorene is a Licensed Massage Therapist, treating clients since 1980.** She has been a trail-blazer in the field of massage with an impressive list of professional studies and schools.

Dorene partnered with Northwest Community Hospital for ten years, initially developing an on-site massage department. At the request of the doctors and the hospital and as department lead, her responsibilities expanded to include corporate health, pre-natal massage, cancer wellness, psyche care, hospice, post-op care, senior services and prescription work.

In the early 90's, Dorene joined the Ameritech corporate facility and partnered with them to create an on-site massage program. Her ten-year service included the development of a corporate health and stress management program. In the early 1980's, she was instrumental in encouraging a change in the laws and facilitating a massage program for the Schaumburg Park District.

Dorene continues to donate her time and services to different organizations, with a high emphasis on "Kids Fight Cancer" and "Life Span".

Some of her interests include Neuro-Linguistic Programming, Quantum & Metaphysics, Electromagnetic Energy, Earth Medicine, Body Balancing and "Science of Compassion".

Dorene respects the breath of life and "all that awesome, powerful, rhythmic energy that flows through it".

To date, Dorene has massaged over 45,000 clients, "massaging the masses one spirit at a time".

### *QUALIFICATIONS*

- Certified Massage Therapist
- Master Practitioner of Medical Hawaiian Kahuna Studies
- Certified Grief Counselor
- Trained in Ericksonian Hypnosis
- Massage and Yoga Coach
- Massage Instructor for 12 years

#### **Valley Plastic Surgery Center - 2006 - Current**

Provides post-surgical massage on patients receiving liposuction and tummy tucks. Outpatient, doctor and client treatment includes deep tissue, Swedish, sports, muscle-release technique and rehabilitative massage therapy services.

#### **LifeTime Fitness - Life Spa 2006 - 2010**

Coached and trained the massage team as lead therapist. Implemented massage services and promotions within all club departments. Aveda Spa Concepts educated.

#### **Ameritech/SBC - 1993 - 2003**

Developed the corporate health and stress management program.

#### **Northwest Community Hospital - 1986 - 1997**

Fulfilled in-room, doctor ordered, massage therapy treatment on patients. Developed and became department lead of an on-site massage unit within the hospital for its fitness center, also servicing outpatients and collaborative services with the physical therapy department.

#### **Schaumburg Part District - 1980 - 1987**

Spearheaded and coordinated the change in local laws to allow massage therapy services to be provided for the district.