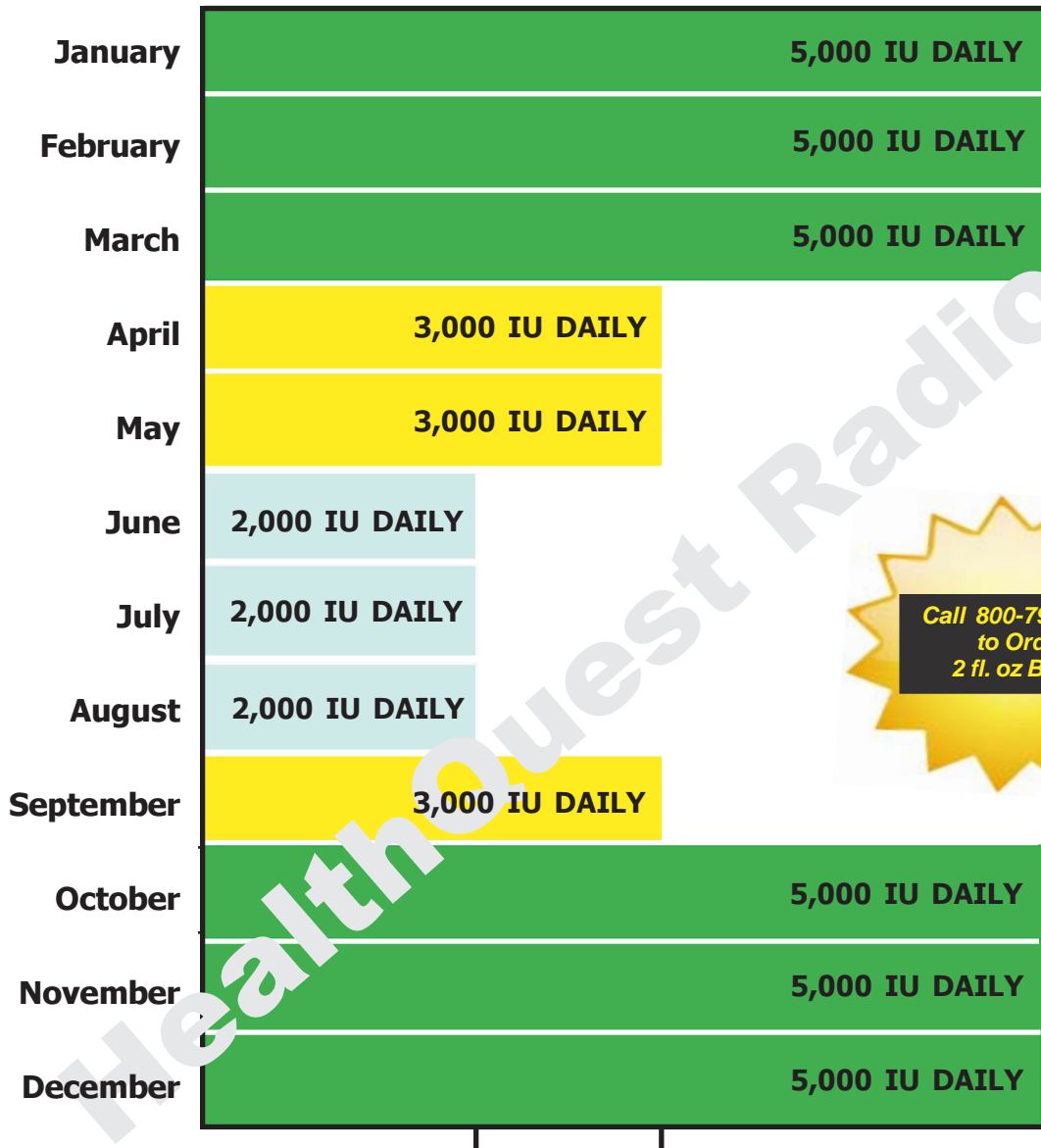


D3 LIQUID

Dr. K's Recommended Vitamin D3 Dosage Chart



1 drops = 1,000 IU

Important Note: Supplement should be taken in divided doses.

Dr. K's Recommended D3 LIQUID DAILY DOSAGES for each month:

- June thru August = 2 drops
- April, May and September = 3 drops
- October thru March = 5 drops