

Description

Sweet Greens™ is a tasty greens drink with a high ORAC value.

Ingredients

Sweet Greens is a powdered drink mix with high amounts of fruits, vegetables, and greens included. Many American's lead busy lives and ultimately our diets suffer. We live in the age of modern convenience which includes fast food and carry out. Few of us receive the antioxidant benefits of fresh fruit and vegetables in our daily diet.

Fruits and vegetables contain a high ORAC value. ORAC (oxygen radical absorbance capacity) value is a unit value assigned by researchers to measure the antioxidant value of a given food. Foods with a high ORAC value are beneficial to the body by increasing plasma antioxidant levels. Antioxidants are valuable to the body because they fight free radicals, agents that can cause cellular damage.

Sweet Greens ORAC value is 6900 per scoop (16 grams). It contains all natural organic fruits where available and a high ORAC vegetable antioxidant blend. Sweet Greens is a great addition to any smoothie or protein drink, it is also great alone when added to water.

Dosage

SUGGESTED USE: Powder: Add one scoop (8g) or two scoops (16g) of Sweet Greens to a glass of water or the beverage of your choice, stir and drink, or as recommended by your health care professional.

Contraindications

If you are pregnant or nursing, consult your health care professional before taking this product. Some patients may be allergic to one or more ingredients. Patients should read the label carefully and cease taking the product if adverse events occur. This product contains the following potential allergen: soy.

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.



HealthQuest Radio
www.HealthQuestRadio.com
 Hotline: 800-794-1855

Dr. David C. Kolbaba & Associates
 606 W. Main Street
 West Dundee, IL 60118
 Office: 847-428-8850

Supplement Facts				
Serving Size: 8 Grams (~ 1 Scoop)				
Servings Per Container: ~ 15/30				
	8 grams contain	% Daily Value*	16 grams contain	% Daily Value*
Calories	30		60	
Total Fat	0 g		0 g	<1%
Total Carbohydrate	6 g	2%	12 g	4%
Total Dietary Fiber	1 g	5%	2.5 g	10%
Soluble Fiber	0.5 g		1.1 g	
Sugars	2.5 g		5 g	
Protein	<1 g		1.4 g	
Vitamin A		0%*		0%*
Vitamin C		5%*		9%*
Calcium		1%*		3%*
Iron		4%*		8%*
Food Blend	5.7 g		11.3 g	
Apple (organic)		**		**
Strawberry (organic)		**		**
Kiwi		**		**
Raspberry (organic)		**		**
Cherry (organic)		**		**
Blueberry (organic)		**		**
Blackberry (organic)		**		**
Lecithin (non-GMO)		**		**
Acacia (organic)		**		**
Greens Blend	600 mg		1.2 g	
Spinach (organic)		**		**
Wheat Grass Juice (organic)		**		**
Vegetable Antioxidant Blend	500 mg		1 g	
Broccoli		**		**
Broccoli Sprout		**		**
Tomato		**		**
Carrot		**		**
Spinach		**		**
Kale		**		**
Brussel Sprout		**		**
Onion		**		**
Stevia Leaf Extract	10 mg	**	20 mg	**

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
 ** % Daily Value not established.
 Calories per gram:
 Fat 9 - Carbohydrate 4 - Protein 4
 Other Ingredients: Energy Smart®, and Natural Flavors.