

### Description

**Quad Care™** is a comprehensive formula designed to help maintain cholesterol levels already within normal range.

### Ingredients

**Cardiovascular health** is an important issue to many patients. Cardiovascular health issues can be complex and involve many different issues, often requiring patients to take multiple supplements from many different packages. **Quad Care** is a comprehensive nutritional supplement that contains well researched ingredients for the maintenance of cholesterol and other cardiovascular markers already within normal range, all within a convenient packet.

**Fish oil** contains EPA and DHA, two well studied omega-3 fatty acids for cardiovascular health. The FDA has allowed the following health claim for EPA and DHA: Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. **Quad Care** contains two fish oil softgels in each daily serving, providing high doses DHA. Studies show DHA provides greater cardiovascular benefit. *For more on this topic please read the Point Institute of Nutraceutical Research paper entitled "Differentiating the Therapeutic use of EPA and DHA in Clinical Practice", which can be found on line at <http://pointinstitute.org/4.html>*

**Plant sterols** are structurally very similar to cholesterol and have been found to compete with cholesterol for absorption. Foods containing at least 0.65 g per serving of plant sterol esters, taken twice daily with meals for a daily total intake of at least 1.3 g, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

**Niacin** is a B vitamin and has been used for years to support cardiovascular health. The NCEP (National Cholesterol Education Panel) recognizes niacin for maintaining blood lipid levels that are already within normal range. Certain forms of niacin can cause flushing in some patients, our time release niacin reduces the flushing that can often accompany many immediate release forms.

The newly reformulated **Quad Care** now includes flavonoids such as: quercetin, grape seed, resveratrol and green tea. These flavonoids help maintain the health and vitality of small blood vessels, inhibit lipid oxidation and also have potent antioxidant properties.

*These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.*

**HealthQuest Radio**  
[www.HealthQuestRadio.com](http://www.HealthQuestRadio.com)  
 Hotline: 800-794-1855

### Supplement Facts

Serving Size: 2 Packets  
 Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>2 packets contain</b>		
<b>Total Calories</b>	13.14	
Calories from Fat	13.14	
<b>Total Fat</b>	1.46 g	2.24%
Time Release Niacin (Niamax™)	1 g	5,000%
Sterol Esters	1.3 g	**
DHA	1,160 mg	**
Quercetin	300 mg	**
Green Tea Extract (Standardized to contain 45% EGCG)	300 mg	**
ActiVin® (Grape Seed Extract)	250 mg	**
EPA	120 mg	**
Resveratrol (from Polygonum Cuspidatum)	100 mg	**

\* % Daily Values are based on 2,000 calorie diet.  
 \*\* % Daily Value not established

Other Ingredients: Gelatin, Natural Mixed Tocopherols 90%, Vegetable Stearine, Carnauba Wax, Silica, Natural Vegetal Capsules, Purified Marine Triglyceride Concentrate, Vitamin Mixed Tocopherols, Glycerin, and Purified Water. This product

### Dosage

**SUGGESTED USE:** 2 packets per day with a meal or as recommended by your health care professional.

### Contraindications

*If you are pregnant or nursing, consult your physician before taking this product. This product contains the following potential allergies: soy and corn.*



**Dr. David C. Kolbaba & Associates**  
 606 W. Main Street  
 West Dundee, IL 60118  
 Office: 847-428-8850